

Welcome!

We'd like to take this opportunity to introduce you to **ECHO Detroit** and the free, confidential and personalized services to help adults residing in Wayne County-

Transform Stumbling Blocks Into Stepping Stones

ECHO Detroit is a **free, confidential** service designed to help fine-tune your life. We recognize that these are difficult times, and that people are experiencing various personal struggles, including:

- ✓ Alcohol and other drug use
- ✓ Anxiety, Depression, Isolation and other mental health concerns (including traumatic events)
- ✓ Family and domestic problems
- ✓ Homelessness and housing insecurity
- ✓ Health concerns
- ✓ Worry over the behavior or situation of loved ones



ECHO's certified and trained staff is prepared to help you:

- ✓ Assess your personal and individual situation
- ✓ Strategize, collaborate and problem-solve
- ✓ Partner with you to develop a Personal Action Plan
- ✓ Provide education, information and referral to resources, if necessary

To get more information email us at info@echodetroit.org or to schedule an appointment - call or text us:

(313) 674-5077

*****If your call is an EMERGENCY- call 911. If you want immediate access to behavioral health services (drug treatment and/or mental health services), call Detroit Wayne Integrated Health Network (DWIHN) 24- hour Access Center @ 800-241-4949.*****

"ECHO Detroit" is an early intervention and detection program designed to intervene with personal problems before they become more severe. The Early Intervention program is funded by the Detroit-Wayne Integrated Health Network and is administered by SHAR, a licensed and accredited agency.



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