

RedeeMED

“Redeeming Ourselves with Loved Ones and Society”



RedeeMED is an Educational Intervention Program for men who have chosen to use violence, and or abusive behaviors in their relationship. The goal of the weekly sessions is to interrupt the cycle of “hurt people hurting people”. The program seeks to equip men with the necessary tools to have relearn, replace, and rebuild their thought processes, unhealthy habits, and core beliefs.

This interactive group encourages peer interaction in a facilitated group setting.



- Provide an educational interactive environment, encouraging didactic intervention.
- Provides participants with an opportunity to increase awareness, identify issues, tactics, and practice accountable options in their daily lives.
- Understand the "Choice Model " and the "Wheel of Power and Control".
- Explore Myths and Societal beliefs that influence violence and abusive behaviors.
- Identify Core Beliefs and Learn how to implement changes to core beliefs.
- Identify and develop the process of looking back into the past to move forward toward an accountable, lifestyle



Saturdays beginning September 2nd, 2023

from 10 AM-12 PM

SHAR Academy 1851 West Grand Boulevard Detroit

MI 48207

To Enroll Contact: Shari Ware 313-444-3142

Please note this workshop curriculum is solely that of community partner, RedeeMED and not developed by ECHO Detroit



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